Liikuntapalveluiden ryhmät kevät 2023

klo	MA	TI	KE	TO	PE	LA	SU	klo
8.00-8.15				vesijumppa				8.00-8.15
8.15-8.30								8.15-8.30
8.30-8.45								8.30-8.45
8.45-9.00								8.45-9.00
9.00-9.15								9.00-9.15
9.15-9.30								9.15-9.30
9.30-9.45								9.30-9.45
9.45-10.00								9.45-10.00
10.00-10.15								10.00-10.15
10.15-10.30								10.15-10.30
10.30-10.45								10.30-10.45
10.45-11.00								10.45-11.00
11.00-11.15								11.00-11.15
11.15-11.30								11.15-11.30
11.30-11.45								11.30-11.45
11.45-12.00				vesijumppa				11.45-12.00
12.00-12.15								12.00-12.15
12.15-12.30								12.15-12.30
12.30-12.45	TULE-vesijumppa				vesijumppa			12.30-12.45
12.45-13.00								12.45-13.00
13.00-13.15								13.00-13.15
13.15-13.30								13.15-13.30
13.30-13.45								13.30-13.45
13.45-14.00								13.45-14.00
14.00-14.15								14.00-14.15
14.15-14.30								14.15-14.30
14.30-14.45								14.30-14.45
14.45-15.00								14.45-15.00
15.00-15.15								15.00-15.15
15.15-15.30				vesijumppa				15.15-15.30
15.30-15.45			kansalaisopisto					15.30-15.45
15.45-16.00								15.45-16.00
16.00-16.15								16.00-16.15
16.15-16.30					kansalaisopisto			16.15-16.30
16.30-16.45		Vesijumppa						16.30-16.45
16.45-17.00								16.45-17.00
17.00-17.15		vesijumppa / liikuntaneuvonta			kansalaisopisto / kuntouintiallas			17.00-17.15
17.15-17.30			kansalaisopisto / kuntouintiallas					17.15-17.30
17.30-17.45								17.30-17.45
17.45-18.00								17.45-18.00
18.00-18.15								18.00-18.15
18.15-18.30								18.15-18.30
18.30-18.45								18.30-18.45
18.45-19.00								18.45-19.00
19.00-19.15								19.00-19.15
19.15-19.30								19.15-19.30
19.30-19.45								19.30-19.45
19.45-20.00								19.45-20.00
20.00-20.15								20.00-20.15
20.15-20.30								20.15-20.30
20.30-20.45								20.30-20.45